

# Get Involved



World leaders are deciding on ways to sort out the problem of climate change, but whilst they're doing this, what can we do to make a difference?

- Turning off lights when you're not in the room can save a lot of energy



- Switch off electrical appliances at the wall, don't leave them on standby



- Ask if you have a gas boiler if so try turning your heating to 20 degrees C, if you feel bit chilly, try putting on a jumper before turning it up



- Think about eliminating drafts, close doors and windows to keep the heat in and the cold out



- Think about the food you eat, cut down on waste and make sure you recycle!



- Now we're spending a lot of time at home, try turning off the TV or computer and play a board game, read a book or enjoy one of our activities below to see how much you've learnt!



- Spread the word and make sure everyone you know does their bit!

